



**Dolores Elementary School Newsletter-**  
**"The Galloping Goose"**

December 12, 2019

Issue: **15**

Dear Dolores Families,

This week we begin a new mindset, *Live to Give*. The *Live to Give* mindset teaches the importance of serving others while maximizing our own potential. It tells us that abundance in life is a cycle: that, in order to receive love, respect, and financial security, we must first learn to give those things to others. This mindset also teaches us that the greatest gift we can ever give is to find and leverage our unique genius to maximize our positive impact on the world, knowing that good things will be returned to us in kind. In the lessons for this mindset, we guide students to think about the impact they want to make and the legacy they want to leave. Take a few minutes to talk with your child about ways they can have a positive impact on their world.

Last week, the student council sponsored a class door decorating contest with the Attitude of Gratitude mindset. Each class created a door display that demonstrated the mindset and was judged by the student council. They decided to look at creativity, neatness, and how well it connected to the theme, it was a tough decision because they were all so amazing. In the end, the winner of the K-2 grade contest was Mrs. Yokeum's class and the winner of the 3-6 grade contest was Mrs. Lein's class. The student council members wanted to show the winners their gratitude for their hard work and participation by providing them with a Lil' Bear Ninja Warriors course game. Which was super fun for all and gave our student council members a great opportunity to give to others and develop their leadership skills. Please see the pictures below of Mrs. Yokeum's participation in the Lil' Bear Ninja Course.











Finally, I wanted to let everyone know that next Friday, Dec. 20th we have an early release at 1:00.

Have a wonderful week,

Mrs. Howerton

# Upcoming EVENTS

Dec. 12- 6th Grade Science Fair

Dec. 13th- Spirit Sticks

Dec. 19th- 3rd Grade Living History Museum

Christmas Program @ 6:30

Dec. 20th- Christmas Parties

Early release-school will dismiss at 1:00



## P.E. with Mrs. Elder

K-6 is having a blast in December getting some gross motor skill work and cardio workouts on our Little Bear Ninja Training Course! I hope you student has come home excited about how much fun we are having while getting tons of exercise. K-2 has been focusing on the importance of feeling the difference in how your heart feels between resting and when you get moving. 3-6 graders have been working on how to find your own pulse, resting heart rate, maximum heart rate, and target heart healthy heart zone. During class, we've also figured 66%-85% of their maximum heart rate to show the zone where each student's target heart rate

falls. To figure the maximum heart rate for anyone, just subtract your age from 220. Then figure 66 and 85% of that to find your target heart healthy exercise zone! The Little Bear Ninja Course is perfect for us try and get moving enough to get in this zone!

On either January 24th or on February 28, our Dolores Elementary School 2nd grade students will be performing a cardio dance at our character assembly. I'll keep you posted on how our practice is going, which will determine which assembly we'll be ready for. To help our dancers, I have posted a video of our dance on YouTube. Please encourage your 2nd graders to pull it up to practice when they need a movement break! The link is below. Thank you!

Mrs. Elder

<https://www.youtube.com/watch?v=R5KNJbVru9M>



## Music with Mrs. Bean

Our Elementary Christmas Program is only two weeks away on Thursday December 19th! Please have your children at their classrooms at 6:30 that evening. The program will start at 7:00. After you drop your children off at their classroom, you can then head to the aux gym to find a seat. Remember that this is a special event and it's always nice to see our students looking their best! The program will last approximately one hour and we ask all of our parents to remain in the gym for the entire program out of respect for all of the students performing. Everyone has been working very hard to bring you their very best performance. I hope to see you all there!





## From the Artists' Palette - Dec.

3

It's hard to believe, but with one week left until Thanksgiving break, it means we only have three school weeks until the Winter Pagent. Here in the art studio we will be busy working on the display for Mrs. Bean's fantastic performance. The students will still be learning a great deal about some fine artists and their historical importance while perfecting their technique.

**K – Chris Van Alsburg - Shapes and Color – Illustration**

**1<sup>st</sup> - Ted Harrisson – Landscape, shape, color – Abstract-Realism**

**2<sup>nd</sup> - Marc Buehner – Value, tint and shade - Illustration**

**3<sup>rd</sup> - Charles Schulz – Proportion/Perspective, Line & Shape - Cartooning**

**4<sup>th</sup> - Johannes Vermeer – Light Value, Cast & Luminescence – Pop Art**

**5<sup>th</sup> - Charles Warren Eaton – Texture & Mood – Realism**

**6<sup>th</sup> - Wilhelm Gross – Depth of Field & Silhouette – Landscape**

We're looking for various supplies you might be able to help us with. Please, if you have any of these items, we sure could use them. Our needs:

Large old, gaudy picture frames – 20” x 30” or so

**Kevin Vaughn**

**Elementary Art**

**Dolores Elementary School**



<https://www.smores.com/8ade9-gt-newsletter>

**Click to access links**



Spirit Sticks are TOMORROW! \$1 each limit of 3 per student.





**STANDARD™  
RESPONSE PROTOCOL  
EXTENDED**

**STUDENT SAFETY**

A critical ingredient in the safe school recipe is the classroom response to an incident at school. Weather events, fire, accidents, intruders and other threats to student safety are scenarios that are planned and trained for by students, teachers, staff and administration.

**SRP**

Our school is expanding the safety program to include the Standard Response Protocol - Extended (SRPx). The SRPx is based on these five actions. Lockout, Lockdown, Evacuate, Shelter and Hold. In the event of an emergency, the action and appropriate direction will be called on the PA.

**LOCKOUT** - "Get Inside. Lock Outside Doors"

**LOCKDOWN** - "Locks, Lights, Out of Sight"

**EVACUATE** - "To the Announced Location"

**SHELTER** - "For a Hazard Using a Safety Strategy"

**TRAINING**

Please take a moment to review these actions. Students and staff will be trained and the school will drill these actions over the course of the school year.

More information can be found at <http://iloveguys.org>

**LOCKOUT  
GET INSIDE. LOCK OUTSIDE DOORS**

Lockout is called when there is a threat or hazard outside of the school building.



**STUDENTS:**

- Return to inside of building
- Do business as usual

**TEACHERS**

- Recover students and staff from outside building
- Increased situational awareness
- Do business as usual
- Take roll, account for students

**LOCKDOWN  
LOCKS, LIGHTS, OUT OF SIGHT**

Lockdown is called when there is a threat or hazard inside the school building.



**STUDENTS:**

- Move away from sight
- Maintain silence

**TEACHERS:**

- Lock classroom door
- Lights out
- Move away from sight
- Maintain silence
- Wait for First Responders to open door
- Take roll, account for students

**EVACUATE  
TO A LOCATION**

Evacuate is called to move students and staff from one location to another.



**STUDENTS:**

- Bring your phone
- Leave your stuff behind
- Form a single file line
- Show your hands
- Be prepared for alternatives during response.

**TEACHERS:**

- Grab roll sheet if possible
- Lead students to Evacuation Location
- Take roll, account for students

**SHELTER  
FOR A HAZARD USING SAFETY STRATEGY**

Shelter is called when the need for personal protection is necessary.



**SAMPLE HAZARDS:**

- Tornado
- Hazmat

**SAMPLE SAFETY STRATEGIES:**

- Evacuate to shelter area
- Seal the room

**STUDENTS:**

- Appropriate hazards and safety strategies

**TEACHERS:**

- Appropriate hazards and safety strategies
- Take roll, account for students

**HOLD  
IN YOUR CLASSROOM**

Hold is called when the hallways need to be kept clear, even during class changes.



**STUDENTS:**

- Remain in your classroom
- Do business as usual.

**TEACHERS:**

- Recover students and staff from hallways
- Close and lock classroom door
- Take roll, account for students

