

REFERRAL LIST for THERAPEUTIC SERVICES DURANGO

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Molly Ahern	Stillness and Soul Counseling 2243 Main Ave #8 Durango, CO 81301	970-769-8198	Adolescents Adults Groups	Attachment, trauma, spiritual, depression, anxiety, relationship issues, victims of abuse, Couples, Group	Self pay
Jennie Albert, LPC, MA, NCC	Summit Psychology 270 E. 8 th Ave. Durango, CO 81301	970-382-2680	Adolescents Adults	Girls, women, CBT, Neurofeedback	Self-pay
Judy Austin, LPC	2243 N Main Ave Durango 81301Ste 4F	970-764-7142	Children Adolescents Families	Grief, Loss, Trauma, Anxiety, Attachment Bonds	Sliding Scale, Anthem EAP
Cole Awdish, LPC	Cortez office 925 S. Broadway Ste 186 Durango Office 777 Main Ave Ste 215	970-403-5488	Adolescents 15+ Adults, couples	CBT, EMDR, DBT, EFT for couples	Cigna, United, BCBS, MEDICAID , Triwest, Profile EAP, Triad EAP
Dave Blau	102 E 8 th St, Suite 218 Durango, CO 81301	970-769-1040	Middle School – College (Ages 13-21)	CBT, Family Systems, school related issues, depression, anxiety, at-risk	Self-pay
Rowan Blaisdel	1911 Main Ave Ste #260 Durango, CO 81301	970-422-3831	Adolescents Adults Families	Parent Groups, LGBTQ Family support, Rainbow Youth Center	Self-pay Sliding Scale
Amie Bryant, LCSW, CAC III	Four Corners Counseling, LLC 2243 Main Ave.	970-946-8004	Adults Adolescents (14 to 19)	Cognitive Behavioral (CBT) Dialectical (DBT) EMDR	Self-pay Sliding Scale
Jo Ellen Bourg, LPC	Optimum Counseling 1911 Main Ave Ste #234 Durango, CO 81302	970-903-4078	Age 6 and older	Reality, CBT, Parenting, Trauma, Anxiety Depression	Cash, Check, Mastercard, Paypal, VISA Sliding Scale
Jessaca Cassady LCSW, LAC Clarity Coaching & Counseling	Bayfield, Durango & Ignacio	970-903-3354	Children, Adolescents Family	Addictions, Stress, Christian, Sports Performance, Life Transitions	Medicaid , Medicare, Optum, CHP, Cigna, United, most EAPs
Durango Family Therapy Brent Dixon, LPC Renee Dixon , LSW Sierra Williams, LPC	2243 Main Ave Ste 3F	970-422-7334	All ages	Couples, Trauma, Depression, Anxiety, Grief, EMDR, Play Therapy	Self-pay
Kendra Gallegos-Reichle	Horse Gulch Campus 270 E 8 th Ave, St. 204 Durango, CO 81301	970-749-7790	Ages 11 - adult	Art Therapy, depression, anxiety, self esteem, Trauma	Self-pay Sliding scale
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Norm Gottlieb, MA	1911 Main Ave St.254 Durango, CO 81301	970-749-1357	Most ages- call to ask	Grief, Spanish Speaking	Call to ask
Mary Gildon, LPC	101 E 31 st St Unit B Durango, CO 81301	970-903-3288	Ages 2 and up	Early childhood, parent education, PCIT. Fridays & Saturday apts only	Medicaid , triad EAP and BCBS, CHP+
Bruce Haring	2877 Main Ave #C Durango, CO 81301	970-946-8074	Teens, adults, fam	At risk teens	Self pay
Sean Hein, LCSW	2243 Main Ave #2 Durango, Co 81301	970-946-8074	Teens, Young Adults	Anxiety, depression, family therapy, addictions, personality disorders, school functioning issues	CHP+RMHP, Sliding Scale, Cash
Melissa Horne	1099 Main Ave Suite 320 Durango, CO 81301	720-465-1901	Tweens & teens	Couples, LGBTQ,	All insurances
Tara Jackson, MA, LPC	101 E 31 st St Unit B Durango, CO 81301	970-799-0765	Early childhood -teens	Grief/loss, anxiety, stress, divorce, school concerns, Play Therapy, parent coaching	BCBS, CHP+, RMHP Aetna, Self-pay Second Wind
Melinda Jameson	128 W. 14 th St. #205 Durango, CO 81301	970-247-1444	Preschool to college	Grief, los, sex abuse, anxiety	Medicaid , BCBS
Robyn Klein LPC Earth and Flour PLLC	102 W. 18 th Street Durango, CO 81301	970-658-8449	Ages 8-25	EMDR, CBT, DBT, Animal Assisted Therapy, Family Therapy	MEDICAID , BCBS, CHP+, RMHP, United, Optum Aetna, Cigna,
Julie Kostuch, MA	171 E 7 th St Durango, CO 81301	970-799-0807	Preschool to College Age	Anxiety, Developmental Issues Including Autism Spectrum, Body Based Trauma Work, Play	CHP+, Medicaid , BCBS, RMHP
Alanda Martin LPC	Horse Gulch Campus 208 E. 8 th Ste 204 Durango, CO 81301	970-317-0667	Children Adolescents Families	CBT, Trauma, Suicide, Self harming, Depression, Anxiety, EMDR	Victims Comp, SWF Sliding Scale
Megan McCartney, MSW	2530 Colorado Ave, Suite 2A Durango, CO 81301	847-445-2777	Adolescents and young adults	Eating disorders, anxiety, self-harm	Self-pay
Darren McKinnis, LCSW Higher Ground Counseling LLC	124 W.14 th St Suite 201B Durango, CO 81301	970-399-1480	Ages 12 and up	Cognitive Behavioral; Family/ Marital; Family Systems; Narrative	BCBS, Aetna, Presbyterian, Comp psych, United, Cigna
Leigh Meigs JD LCSW	Horse Gulch Campus	970-403-1403	12 and up individual & families with kids	Systems, solution focused, parent support, legal conflict support, DBT	Self-pay
Brit Meiers	Riversage Counseling 100 Jenkins Ranch Rd, Ste E1 Durango, CO 81301	970-903-8018	Ages 2-up	DBT, EMDR, Art, Play therapy, CBT	Medicaid, United, BCBS, CIGNA*
Emily Newcomer, MEd	Southwest Psychotherapy PO Box 1293 Durango, CO 81302	970-903-7517	Adolescents and young adults	Body image, EMDR	Self-pay
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Kate Niles	Riversage Counseling 765 College Dr #2 Durango, CO 81301	970-759-1868	Teens (12+)	CBT, DBT, EMDR, MBCT, Family, PTSD,	Self pay, sliding scale
Katy Pytte, LPC	2243 Main Ave #4C Durango, CO 81301	970-903-4769	7-25	Mood Disorders, Divorce, Parenting issues, Trauma, Sex abuse, EMDR, CBT, Therapy Dog	Medicaid , Tricare, BCBS, Assurant, CHP+, RMHP, Cofinity, Humana, Life Sync
Jessica Reed, LCSW	2530 Colorado Ave Suite 2A Durango, CO 81301	970-426-9221	All Ages ASD Aspergers	Child, Adolescent, Family, Cognitive Behavioral, DBT, Play Therapy, EMDR, Hakomi	CHP+, RMHP
Stacy Reuille-Dupont PHD, LAC, LLC	100 Jenkins Ranch Rd Ste D Durango, CO 81301	970-749-8227	Adolescents, adults, families	Somatic, CBT, Addiction, DBT, Hakomi, Parenting, Chronic Pain and Disease	Most all insurance Sliding scale
Tiffany Rose, MA Randy Stueve	Summit Psychology 270 E. 8 th Ave. Durango, CO 81301	970-382-2680	Adolescents, Adults Couples	CBT, Substance Abuse	Self-pay
Alison Rhodes LPC	15 W. Mill St. #217 Bayfield, CO 81122	970-946-0984	11-19	Solution focused, CBT, Family	Self pay- sliding scale MINES insurance

Lindsay Stonecash LCSW	2530 Colorado Ave 2A Durango CO 81301	970-946-8002	Children and Adolescent	Play Therapy, DBT, EMDR, TF-CBT	RMHP, CHP+ Sliding Scale for self- pay
Kristin Spiegel	270 E. 8 th #201 Durango, CO 81301	970-749-6139	Ages 3-6 preferred May take up to age 10	Play Therapy, Equine Therapy, Family Therapy	MEDICAID , CHP+ BCBS, Tricare, Victim's Comp
Jennifer Stucka-Benally LCSW	1911 Main Ave #260 Durango, 81301	970-759-3180	Children to young adults	Trauma, DV, LGBTQ, family conflict, Rainbow Youth Center	Self-pay Sliding Scale Second Wind Fund
Hillary Wolfe	100 Jenkins Ranch Rd. Suite E1 Durango	970-769-0131	All ages Starts at age 2.	EMDR, DBT, Play Therapy, Trauma, Family Systems	MEDICAID , BCBS- Anthem, CHP+
Riversage Counseling	2 office locations Durango, CO 9 Therapists to choose from	970-442-3830	Children to adult	EMDR, Animal assisted, Family, DBT, life transition, early childhood, post partum, prenatal, trauma, family counseling	Most Insurances accepted
Axis Health Systems	Address	Phone	Specialty	Interventions	Payment Methods
Community Mental Health Services	281 Sawyer Dr Durango 691 E. Empire Cortez 475 Lewis St Pagosa Springs Crisis Line	970-259-2162 970-565-7946 970-264-2104 970-247-5245	Psychiatric and Therapeutic Services	Individual and Group Medication management	Medicaid, Sliding Scale, most Insurance

New Mexico Providers

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Angel Peak Counseling	222A W. Broadway Bloomfield, NM 87413	505-393-2088	Ages 5 – adult	Autism Specialist, Impulse control, self esteem, mood disorders	Most insurance accepted, NM Medicaid
Michael Castenell	209 N. Lorena Ave #A Farmington, NM 87401	505-324-1791	All ages	Call for specifics	Call about rates.
Choice Counseling Services- 9 providers to choose from	313 W. Apache St. Farmington, NM 87401	505-325-5321	Ages 5- adult	EMDR, EFT, SE, Family Systems, Play Therapy, CBT, DBT, specialists in Trauma, Bariatric Prep	Most major insurance, NM Medicaid
Larivee Counseling Services	111 W. Chaco St, Aztec, 2 nd office in Farmington	505-908-9326	Ages 5- adult	Mood disorders, Trauma, PTSD, MBCT, CBT,	Most major insurances, NM Medicaid
Charles Stacey, LMFT	313 W. Apache St Farmington, NM 87401	505-325-5321	Ages 4- adult	EMDR, SE, EFT, Balanced breathing	Call about insurance
Laura Marshall, LCSW	6655 Cimarron Circle Farming, NM 87401	267.218-6227	ADULTS	Parenting issues, family conflict, divorce,	Cash, sliding scale fee avail.

Cortez Providers

Name	Address	Phone	Ages	Interventions/ Specialties	Payment Methods
Cole Awdish, LPC	Cortez office 925 S. Broadway Ste 186	970-403-5488	14 and up	CBT, EMDR, DBT, EFT for couples	MEDICAID , Cigna, United, BCBS, Profile & Triad EAP
Linda Cook, LPC	925 S. Broadway Suite 186 Cortez, CO	844-454-5987	Middle school and up	ACT, CBT, DBT, EMDR, Christian, Anxiety, PTSD, mood,	MEDICIAD , Cigna, Aetna, Optum, Tall tree EAP- Ute tribe & SW Medical empl
Dessert Willow Wellness Renee Podunovich, LPC Russ Patten, LPC	321 E. North St Cortez, Co Websites have details Russpatten.com Reneepodunovich.com	385-232-3671 Renee 385-743-0251 Russ	12 and up	EMDR, Mind-Body, CBT, solution focused, EMI, ERS for EAP Russ accepts Second Wind Fund for Suicidal Teens.	Call about insurances Russ- RMHP, MEDICAID , OPTUM, United, Triad EAP, Renee- Tricare, Triad EAP, RMHP, MEDICAID , Beacon, Anthm BCBS
Joanne Trussel	Mancos, Cortez	970-759-6606	18+, Adults Couples- young adults	Individual, Couples work	Sliding scale fee

Pagosa Therapists

Sarah G Conti, LPC	2800 Cornerstone Build #B Suite 208 Pagosa Springs, Co	970-300-5695	Call to ask	MBCT, SFBT, CBT, DBT, EMDR, Domestic Violence Child Family Investigator	Aetna, BCBS, Cigna, Optum, RMP, MEDICAID
Ana Sancho Sama PhD	Pagosa Springs, Co	970-644-6333	Call to ask	CBT, Family Systems, Gottman SPANISH SPEAKING	Cash, Sliding Scale
Stacy Foss LPC, LAC	Pagosa Springs, Co	970-570-5238	Children to Adult	Addictions, DBT, EMDR, Family	Call to ask
Sharon Carter PhD	Pagosa Springs, Co	970-363-8021	All Ages	CBT, EMDR, DBT, Family	Anthem BCBS

College Age and Young Adults

Natalie S. Blau MS, LPC	128 E 14 th St. Durango, 81301	970-779-7404	College Age and Parenting	Experiential Body- Centered Psychotherapy	Anthem, Aetna / Cofinity, Paypal
Rob Cowen, MA, LPC	Ft. Lewis Counseling Ctr 1000 Rim Drive	970-799-5007	Ft Lewis College Students	Client Centered, Humanistic, DBT, CBT	College Student Fees
Marianne Crom, LPC, NCC, Tele-health certified	2243 Main Ave #5 Durango, CO 81301	970-749-1927	18+ over	DBT, EMDR, Couples, Addiction	Self pay Sliding scale
Anna Freeman	128 E. 14 th St. #206 Durango, CO 81301	970-903-0465	12 yrs - Adult	Trauma, DBT (adolescent & Adult) Cognitive Behavioral	CHP+, RMHP/CHP+, Aetna, Anthem
Fort Lewis College Counseling Center	260 Noble Hall Walk-in Crisis & Apt.	970-247-7212	Adolescent / Adult	Individual, Group and Couples, Psychiatry	No charge for Ft Lewis students

Psychological Services

Summit Psychology Dr Doug Miller, PsyD And associates	Horse Gulch Campus	970-382-2680 970-385-4753F	All ages	Neurofeedback, neuro-psych testing,	Some Sliding Scale, no insurance accepted
Dr. John Ragsdale, PhD	2877 Main Ave. B Durango, CO 81301	970-247-2451	All ages	Educational testing, neuro-psych testing, closed head injuries	Medicare Medicaid Insurance
Bruce Blanchard, PhD	Durango & Bayfield	970-946-3486	8+ years	Experience with At-risk youth	CHP+, Medicaid
Eric Powell, PsyD	813 Main Ave Ste 205, Durango, CO 81301	970-259-4048			Aetna, BCBS, Anthem

Psychiatry Services (Medication)

Dr. Steve Kitson	Riversage Counseling 100 Jenkins Ranch Rd Suite E 1 Durango, CO 81301	970.422.3830	16 yrs & adults	Psychiatric Evaluations and Medication Management	Cash Only
Jamie Knight APN Perins Psychiatric Health	270 E 8 th Ave #203 Durango, CO 81301	970-247-0640 Fax 877-543-5916	16 yrs and older	Psychiatric Evaluations, Medication Management	Cash only
Michale Washinsky, MD	1800 E. 3 rd Ave Ste102 Durango, CO 81301	970-360-5545	16+ over Adults	Psychiatric Evaluations, Med Mgmt	BCBS, cigna, Cofinity, Coventry, First Health, HMN, Medicaid, Veterans
AXIS Health System	Durango, Pagosa, Cortez	See above	All ages	Psychiatric Evaluations, Medication Management Tele-medicine	Medicaid , CHP+, most insurance Sliding Scale