



LITTLE BEARS' WEEKLY NEWSLETTER

The vision of Dolores Elementary School is to provide an educational foundation that fosters personal success through an innovative and positive learning environment.

In the news...

October Important Dates:

- **Oct. 14th-** Quarterly Awards will be sent home. The assembly for this event has been canceled due to staffing circumstances. We hope to have parents attend our next one, Dec. 16th.
- **Oct. 18th-** 1st Grade- Picnic and River Geology Walk (10:45-1:00)
- **Oct. 20th-** 4th grade's field trip at the Durango PowerHouse from 10-12:30
- **Oct. 20th & 21st** – Parent Teacher Conferences from 4:00-7:00 (Teachers will schedule times with parents)
- **Oct. 21st** - 1st Quarter Report cards sent home
- **Oct 25 - 28** Red Ribbon Week (Volunteers needed!)
- **Oct. 25th** - 4th grade has a virtual field trip with Mabee-Gerrer Museum of Art to learn about art in the Middle Ages
- **Oct. 28th-** 1st Grade Fall Festival at Kathy Butler's place (NCBC)
- **Oct. 28th** – 5th Grade Pumpkin Carving at Dolores School- Teachers will send out more info.
- **Oct 28th - 2:30 PM-** Halloween Costume Parade. Parents are invited to surround the perimeter of campus at 2:30 to watch the parade and cheer for their favorite costumes.

Friday Fundays:

8am to noon on scheduled Fridays. Please contact Ellen Werner at minimum 1 week in advance if your child will be attending a Friday Funday that was not indicated on the sign up form or if they will not be attending one that was marked. This is needed for free supply and lunch counts.

This month's activities include:

Friday, **October 22nd** going on a field trip to Butlers Corner.
Friday, **October 29th** on campus with Montezuma School to Farm, Officer Green and the Dolores Emergency Services as guest speakers with fire trucks and more!

Principal's Message

Dear Little Bear Families,

I'm very relieved that our week of online learning went really well thanks to our Teachers being prepared, our Parents picking up materials, and our Students participating so well! I hope we never have to do that again, but I know it was necessary under the circumstances with the low number of Substitutes available in our district. I'm hoping our staff members and students have had time to heal, and we are looking forward to seeing almost everyone return healthy on Monday!

We all want to express our thanks to all of our Parent Volunteers who have stepped up to support our school! We've already had several great experiences that we could not have done without you, including a Star Gazing Night with 1st grade, off campus Field Trips with several grades, and Educational Nature Walks with several grades. Ms. Hite has the Volunteer forms available in the front office if you would like to join us for any future events! Thanks so much, and please see our attached Event Calendar for more opportunities. Remember, those dates/times are subject to change, and we will keep you informed of any additions or changes via our Classroom announcements and Newsletters. We are looking forward to seeing parents soon at our Parent/Teacher Conferences and for our Costume Parade this month!

Please know that it is our goal to publish this monthly newsletter on the first day of each month or on the closest school day to the 1st; however, we apologize for the delay this month caused by having to reschedule many October events due to the week of online learning. Thank you for understanding. We want you to have our most accurate and updated information in each publication.

Warmly,
Lurleen McCormick



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Counselor's Corner

Hello Little Bear Families!

This month our guidance lessons are focusing on the steps to making friends. The kids are having fun doing "Friend Venns" and discovering things they . . . and others . . . have in common! Ask them to tell you the 3 simple steps to making a friend!

I also wanted to let you know that we will be celebrating Red Ribbon Week again this year. October 25-28th. This year the theme is "Drug Free Looks Good on Me!" It's coming up fast and I could really use some parent volunteers to help me out again. If you are interested let me or your child's teacher know!

I am also looking for parent volunteers who can help with a "Kindness" fundraiser we will be doing in February. Please let me or your child's teacher know if you are interested in helping us with either of those events!



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Counselor's Corner (Cont.)

We will also be having Career Fairs this year!

#1. Grades 3-5 will be a "Convention Style" career fair. We need volunteers to come and man a table/booth in the gym with visuals about your career and have a brief (1-2 minute) explanation/presentation to give to the students and then field questions from them, be sure and include something about what type and level of training or schooling was needed for that career. This Career Fair will be on Thursday Feb. 3rd. from 9 - 11:15 (45 minutes per grade level). If we are under safety restrictions and cannot meet in person, please let me know if you would be willing to present and field questions virtually, as well.

#2. Grades K-2 will be having a "Vehicle" themed Career fair. We need volunteers who use vehicles in their careers who could bring them to the school and teach the students about their career and let the students see and possibly explore the vehicle/s. If you are or know someone who is a

- farmer
- construction worker
- lineman
- ambulance driver
- tree trimmer
- police/sheriff
- fireman
- ETC. ??

and you have any type of vehicles or equipment you could bring to the school that day and teach the kids about that career and also field questions . . . it would be greatly appreciated!

The date for this career fair is Thursday April 14th. Also from 9 - 11:15, also giving 45 minutes to each grade level.

Let me know via calling the school, or emailing me at: smiller@dolores.k12.co.us or there will also be a sign up sheet available at parent teacher conferences and in the office. Thank you so much for considering helping us!

Sincerely,
Susan Leavitt Miller



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2021-22 Elementary Tentative Calendar of Events

Senior Pals - All classrooms adopted a High School Senior to honor during this school year while there are still so many restrictions of gatherings for them. Teachers will be sharing more information about this and requesting donations for holiday gifts.

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Oct. 18th- 1st Grade- Picnic and River Geology Walk (10:45-1:00)

Oct. 20th- 4th grade's field trip at the Durango PowerHouse from 10-12:30

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Oct. 21st - 1st Quarter Report cards sent home

Oct 25 - 28- Red Ribbon Week

Oct. 25th - 4th grade has a virtual field trip with Mabee-Gerrer Museum of Art to learn about art in the Middle Ages

Oct. 28th- 1st Grade Fall Festival at Kathy Butler's place (NCBC)

Oct. 28th- 5th Grade Pumpkin Carving- Teachers will send out more info.

Oct 28th- at 2:30 PM- Halloween Costume Parade- outside, around the perimeter of campus. Costumes are welcome with the exception of gore, weapons, and/or frightening images (from horror movies). Parents are invited to surround the perimeter of campus at 2:30 to watch the parade and cheer for their favorite costumes. Students will walk on the sidewalk in front of the Clinic down to the main Elementary entrance.

Nov. 11th Veterans Day Parade and/or Assembly

Nov. 15th- Elementary Picture day

Nov. 17th- 2:15 - 3:15 Ned Show "Kindness" Assembly (Sale of Handcrafted items from Africa for 2-3 weeks afterwards)

Nov. 18th- Thanksgiving Classroom parties and Midterm grade reports to parents

Nov. 22-25 Thanksgiving Break

Dec. 2nd- 4th Grade Core Knowledge Day- Medieval times

Dec. 13-16th Student Council Spirit Week (dress up days will be announced prior to event)

Dec. 16th- 2nd Quarter Report cards sent home; 3rd grade- Core Knowledge Day- Viking Age; 5th grade building Gingerbread Houses- Teachers will send home more info.;

Christmas/Holiday/Winter Classroom parties- Teachers will send home information; and Award Assemblies- by Grade levels. Parents, you are welcomed to join us in the main gym for your child's grade level at the following times: 5th grade-8:30-9:00; 3rd-9:45-10:15; 4th-10:45-11:15; hour break; Kinders-12:30-1:00; 1st-1:30-2:00; 2nd-3:00-3:30. The gym will need to be vacated in between events.

Dec. 20 - Jan. 2- Winter Break

Jan. 4th- Students return



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Jan. 6th- PBIS Refresher Assembly - Candid Camera type videos from the Student Council will be shared with all students.

Jan. 17th- Martin Luther King Jr. Day- School will be in session

Feb 3rd- Career Fair - Grades 3-5 - Parent and Community Volunteers ½ day (Sign ups at PT Conferences); and Midterm grade reports sent to parents

Feb. 7th- Student Council Kick-Off of **Kindness Fundraiser** for Students

Feb. 14th- Valentine's Day classroom parties, and "Vision of Love" project with Lion's club: Students collect used and broken eye glasses, and the Lion's club sends them to Prisoners to repair, and then they are sent to 3rd world countries for free distribution.

Feb. 24th - Kindness Fundraiser Closing

March 3rd End of Quarter and Award Assemblies- by Grade levels. Parents, you are welcomed to join us in the main gym for your child's grade level at the following times: 5th grade-8:30-9:00; 3rd-9:45-10:15; 4th-10:45-11:15; hour break; Kinders-12:30-1:00; 1st-1:30-2:00; 2nd-3:00-3:30. The gym will need to be vacated in between events.

March 10th- Report cards sent home

March 17th- Wear Green for St. Patrick's Day

March 23rd- 1st Grade Core Knowledge Day- American Revolution

March 28th-31st- Spring Break

April 14 - Career Fair K-2 (Vehicles) and Classroom Celebrations

May 5th- 2 grade Core Knowledge Day - Historical figures in U.S. History

May 12th- Volunteer Appreciation Day Parade- Parents decorate cars and drive through as we cheer and wave and give tokens of appreciation for volunteering.

May 18th - Teddy Bear Graduation- Congratulations Parade through our school

May 19th- High School Graduation- Congratulations Parade through our school

May 23rd- Talent show (5th grade performers only)- all grades in audience

May 23rd- Kindergarten Core Knowledge Day- Taking care of our Earth- Teachers will send more info.

May 24th- After school 5th grade continuation parade

May 24th- Award Assemblies- by Grade levels. Parents, you are welcomed to join us in the main gym for your child's grade level at the following times: 5th grade-8:30-9:00; 3rd-9:45-10:15; 4th-10:45-11:15; hour break; Kinders-12:30-1:00; 1st-1:30-2:00; 2nd-3:00-3:30. The gym will need to be vacated in between events.

May 25th- Report cards sent home

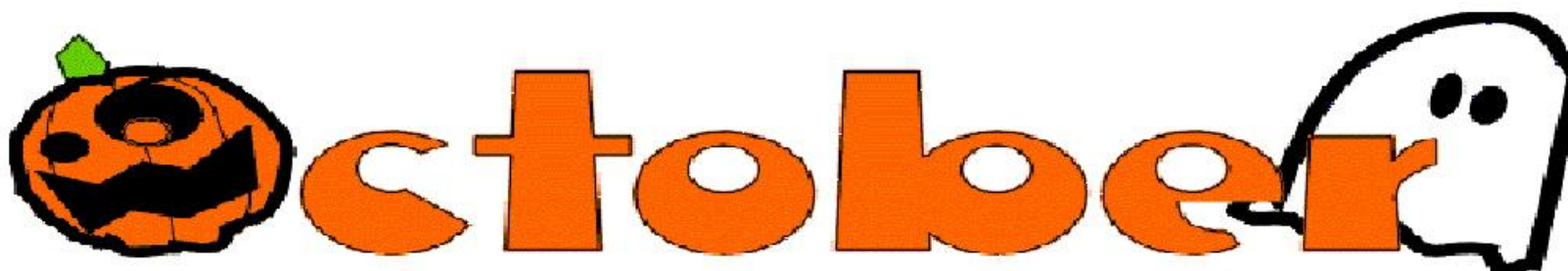
May 25th- Field day- Teachers will send home more info.

May 26- Classroom celebrations and Last Day of School for students



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Breakfast



Monday	Tuesday	Wednesday	Thursday	Nutrients
4 Combo Bars Muffin Applesauce Milk Variety	5 Biscuits and Gravy Hashbrown Patty Fruit Juice Milk Variety	6 Bagel Grilled Egg Patties FRUIT Milk Variety	7 Cereal Graham's FRUIT Milk Variety	Cal 347 T.Fat 10.41 G S.Fat 3.2 G Chol 54.2 Mg Sodium 711.93 Mg Carb 54.09 G Fiber 2.1 G Ptn 10.18 G
11 Breakfast Pizza FRUIT Milk Variety	12 POPTARTS Muffin FRUIT Milk Variety	13 Yogurt Parfait Berries, Frozen Granola Graham's	14 Cereal Graham's FRUIT Milk Variety	Cal 427 T.Fat 10.42 G S.Fat 3.2 G Chol 13.5 Mg Sodium 432.19 Mg Carb 73.23 G Fiber 3.5 G Ptn 12.30 G
18 Oatmeal Muffin FRUIT Milk Variety	19 Breakfast Power Bar Muffin FRUIT Milk Variety	20 Waffle Stix/syrup Sausage link Peaches Milk Variety	21 Cereal Graham's FRUIT Milk Variety	Cal 484 T.Fat 12.91 G S.Fat 3.0 G Chol 25.2 Mg Sodium 286.79 Mg Carb 81.39 G Fiber 5.4 G Ptn 12.63 G
25 Pancakes Egg Patty Syrup Peaches	26 POPTARTS Muffin FRUIT Milk Variety	27 Biscuits and Gravy Hashbrown Patty Fruit Juice Milk Variety	28 Cereal Graham's FRUIT Milk Variety	Cal 588 T.Fat 21.76 G S.Fat 6.1 G Chol 307.2 Mg Sodium 865.18 Mg Carb 76.86 G Fiber 2.0 G Ptn 21.62 G
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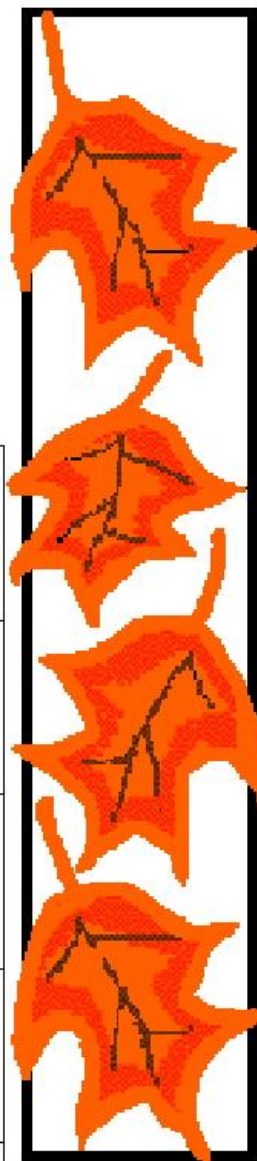


OCTOBER

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LUNCH

Monday	Tuesday	Wednesday	Thursday	Nutrients
4 Chicken Patty/Bun CORN FRUIT Milk Variety	5 Corn Dog Catsup Baked Beans FRUIT Milk Variety	6 Chef Salad Oat Wheat Roll FRUIT Cookie Milk Variety	7 Frito Pie CORN FRUIT Milk Variety	Cal 466 T.Fat 16.70 G S.Fat 4.6 G Chol 69.4 Mg Sodm 857.03 Mg Caro 63.32 G Fiber 6.9 G Ptn 19.34 G Iron 39.68 Mg
11 BBQ Chicken Sandwich CORN FRUIT Milk Variety	12 Pulled Pork Burrito CORN Salsa FRUIT Milk Variety	13 Macaroni & Cheese BROCCOLI FRUIT Milk Variety	14 Submarine Sandwich String Cheese Baby Carrots FRUIT Milk Variety	Cal 421 T.Fat 15.87 G S.Fat 6.5 G Chol 49.7 Mg Sodm 1074.05 Mg Caro 45.92 G Fiber 4.5 G Ptn 24.39 G Iron 2.61 Mg
18 Roasted Chicken Stuffing MIXED VEGETABLES FRUIT Milk Variety	19 Lo Mein Eggroll Fortune Cookie FRUIT Milk Variety	20 Burrito Salsa Green Beans Peaches Milk Variety	21 CHICKEN ALFREDO Garlic Toast Tossed Salad Apple Milk Variety	Cal 517 T.Fat 18.52 G S.Fat 9.7 G Chol 60.2 Mg Sodm 1301.97 Mg Caro 66.88 G Fiber 8.8 G Ptn 22.01 G Iron 3.62 Mg
25 Chicken Salad Sandwich Bun 4" Chips Baby Carrots Milk Variety	26 Baked Potato Toppings 3 oz. Oat Wheat Roll FRUIT Milk Variety	27 Pizza Tossed Salad FRUIT Milk Variety	28 Chicken Enchilada Tossed Salad FRUIT Milk Variety	Cal 325 T.Fat 13.41 G S.Fat 5.4 G Chol 47.0 Mg Sodm 625.06 Mg Caro 34.96 G Fiber 3.1 G Ptn 17.27 G Iron 1.99 Mg





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Halloween Safety Tips from SRO, Deputy Green

- Cross the street at corners, using traffic signals and crosswalks. Look left, right and left again when crossing and keep looking as you cross.
- Put electronic devices down, keep heads up and walk, don't run, across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.
- Join kids under age 12 for trick-or-treating. If kids are mature enough to be out without supervision, tell them to stick to familiar areas that are well lit and trick-or-treat in groups.
- Colors to help kids see and be seen by drivers.
- Slow down and be alert! Kids are excited on Halloween and may dart into the street.
- Turn on headlights early in the day to spot kids from further away.
- Remind kids to cross the street at corners or crosswalks.
- Never go inside someone's house.
- Never get inside a stranger's vehicle. No matter how tired you are from trick or treating.
- When selecting a costume, make sure it is the right size to prevent trips and falls.
- Choose face paint over masks when possible. Masks can limit children's vision.
- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- Take extra time to look for kids at intersections, on medians and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Get rid of any distractions - like your phone - in your car so you can concentrate on the road and your surroundings.
- Turn your headlights on earlier in the day to spot children from greater distances.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. Be especially alert for kids during those hours.
- Parents check your kids candy before they eat any of it. IF it looks tampered with, then throw it away.

Please have a safe and fun Halloween.



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CEI Launches Future Ready Families Website

Effort Aims to Empower and Engage Parents and Caregivers as Partners in their Child's Education

Colorado Education Initiative (CEI) is excited to announce the launch of FutureReadyFamilies.org, a robust website with proven tools, resources, and strategies to empower parents and caregivers as engaged partners in their child's education and development.



Conceived and curated by CEI President and CEO Rebecca Holmes, the mother of two, former teacher, and education system leader brings a unique vantage point into the home, classroom, and school. With insight into the stress and challenges both parents and educators face, Holmes and CEI aim to provide parents with a greater sense of agency in their child's education.