



LITTLE BEARS' WEEKLY NEWSLETTER

The vision of Dolores Elementary School is to provide an educational foundation that fosters personal success through an innovative and positive learning environment.

In the news...

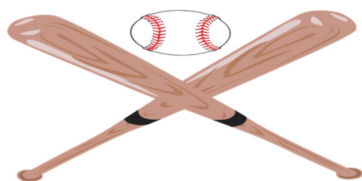
January Calendar Items:

Feb. 7th- Student Council Kick-Off of Kindness Fundraiser for Students (see info below)

Feb. 14th - Valentine's Day-Vision of Love project - Lion's club: collect used and broken eye glasses - Prisoners repair them and send them to 3rd world countries for free distribution.

Feb. 24th - Kindness Fundraiser Closing

Until Feb. 28th: Students can pick up Baseball registration forms in our Elementary office:



Dolores Youth Baseball

2022

Registration Information

Registration Deadline February 28, 2022

Kindness Fundraiser Feb. 7th: We will soon be sending home a flier explaining our upcoming **kindness fundraiser**. We will send hardcopies home at the start of the fundraiser on Feb. 7th, but we wanted you to have a heads up that it's coming! The kids will **collect pledges for the number of acts of kindness they do**. We will also have a school wide project (Collecting used eyeglasses for the Lion's club) and some classes will also have projects that they can count! We will also have idea posters throughout the school to give the students ideas of things they can do on their own, with you, or with other family members.

#1. They will need your help to collect pledges from friends and family members and enter it onto a pledge sheet.

#2. And they will need your help to do acts of kindness and enter both the amount of acts of kindness as well as a few details about what they have done in the following google form. Please help them enter as they go . . . every night or every few nights, as we will be tracking which class completes the most acts of kindness. It will run from the 7th to the 17th of February.

Principal's Message

Dear Little Bear Families,

I hope 2022 is off to a great start for you and your family. We are so excited that we have so many fun events coming up for students to enjoy and ways to demonstrate acts of loving kindness during the month of February! Please see the information to the left to get details on our Kindness fundraiser and Vision of Love collection.

As we continue to fluctuate with COVID-19 cases, please know that the Covid protocols for elementary are posted on the District Website along with our current Zone color. Please let me know if you have any questions about these protocols or how the colors are determined.

I'm often getting asked "How can parents help our school right now?" I'm so grateful for those conversations and just wanted to share some ideas:

- first and foremost, please assume the best in us
- publicly celebrate the great things we're doing
- be patient with us and still believe in the work we do, even when it's not perfect
- make our staff feel valued, seen, respected, and that the work they do matters.
- know that we are unified in our love for our students and this community and are doing our very best to serve you well.
- send snacks, coffee pods, tea, tissues, and cards
- become a PTA member or sign up to be a volunteer
- send positive emails and messages of support
- prepare your child to be flexible with the possibility of a late bus, or change in lunch options
- tell your student to take a minute to thank the substitute teacher for coming to work while their teacher is out
- take a moment and say thank you to our office staff and our staff on duty working the parent pick up line. The little things matter more than you know, and we sure value your encouragement and support!

Warmly,
Lurleen McCormick

Counselor's Corner



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#3. And last they will need your help collecting the pledge money and turning it in with their pledge sheet! These will be due Feb. 24th, so they will have a week to get their collections together and bring them in!

We are excited. All proceeds will go toward improving the Positive Behavior Interventions and Supports program of our school, i.e. PBIS. Thank you so much for your help and support! **-The Dolores Elementary PBIS Committee**

Good day parents,

I wanted to take a minute and go over some of the drop off and pick up zone issues that we are seeing.

I have attached a map below to go with this message. New signage has been placed on 12th street for the drop off and pick up lane. The drop off and pick up lane is for that specifically; dropping off or picking up, please do not park and exit your vehicle. IF traffic is moving then you will be moving up fairly quickly to pick up your student. Once you pick up your student you do not have to stay in the drop off or pick up lane, you can merge onto 12th street if it's clear to do so. Please make sure you are not pulling out in front of people.

If you need to speak with a staff member or another parent we are asking that you please find a place to park, either along the left hand side of 12th street or in the parking lot.

Parents who are parking down off of Central Avenue and 12th Street please speak with your student about stopping and looking both ways before they cross the street.

The intersection of 11th street and Central Avenue is usually extremely congested and busy. If you see traffic backing up on 11th street, please use an alternative route. Please do not block the intersection, this causes vehicles to have to go around you through an intersection and is extremely dangerous for other drivers.

I am working with the town to get 12th Street painted. Please be patient as we try to navigate drop off and pick up. As the weather gets bad please remember to give yourself enough time to travel and arrive at your destination safely.

Thank you,
Deputy Green

Hello Little Bear Families!

January Guidance Lessons always will focus on relaxation skills. Kids simply cannot learn if they are stressed or worried. More critical is that they cannot think about what to do in an emergency if they are not able to calm themselves. Diaphragmatic breathing is always the fastest way to get calm. Then this year we will learn how to do deep muscle relaxation and, finally, Mindfulness. Your help is needed to help them practice. It's an easy way to get them calm and focused before going to sleep at night. So watch for the handouts and please help them practice. Once they are in the habit of relaxing, they will recognize, in the moment, when they are tense and stressed and will automatically go into relaxation mode. If they have not practiced . . . it's anybody's guess what will happen when they need it!

I also want to make you aware that we will be moving the 3rd – 5th grade Career Fair to March 24th instead of Feb. 3rd, and we are still looking for more volunteers! I will be contacting those who signed up soon. Please contact me to add your name to our list of presenters and what career you will represent. We really appreciate your time and talent!

Please look for exciting news about our Kindness Fundraiser for our PBIS Little Bear Trading Post coming out soon! So far we are still on track for it to start on Feb. 7th. Thanks for your patience and watch for more information and flyers with instructions!

Sincerely,
Susan Leavitt Miller



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