

## Quarantine Protocol

### Dolores School District

**Goal:** To maintain in person learning throughout the school year while maintaining Staff and Student health to provide the best education possible for the children in our community.

**Definitions:** information taken from [The Colorado State Dept of Public Health and Environment in accordance with CDC school guidelines](#)

**Quarantine:** staying home from work, school, and activities after a person was in close contact with someone with COVID-19. [Find guidance on how to quarantine and how long quarantine lasts](#). A person should not attend work, school, or out of school activities if they are under quarantine following an exposure in school. If a person develops symptoms of COVID-19 during their quarantine period, they should begin isolation.

**Isolation:** staying home from work, school, and activities when a person is sick or diagnosed with COVID-19. Isolation lasts for at least 10 days (specifically ten 24-hour periods) after the onset of symptoms — and for 24 hours after being fever-free without the aid of fever-reducing medication and if the person shows an improvement of symptoms. For people who have not had symptoms, isolation lasts 10 days from the day they had their first positive test.

**Close Contact:** a person who was close enough to a person with COVID-19 or symptoms of COVID-19 to be at risk of becoming ill.

## Isolation Policy for Dolores schools

### Isolation procedures for students and staff:

Any person **positive** for COVID 19 should isolate for 10 days as per the definition above. Isolation may last longer with more severe cases and will be assessed on a case by case basis. These persons should remain off school property for any and all events during isolation time as to decrease the spread of COVID 19.

### Reasons for change in quarantine protocol

1. 5-11 vaccinations
2. Hepa filters
3. Staff and family feedback

## **Quarantine policy for Dolores Schools**

### **Preschool**

In Teddy Bear school, a letter will be emailed to parents of students in close contact with any positive person. The letter will state that a person who was positive was in the class with their child and had close contact. They should monitor for symptoms closely and keep their child home for the duration of the quarantine period and contact the school nurse if symptoms arise.

Infant/toddler/preschool: should not have to quarantine when a positive case presents itself in the classroom due to cohort procedures. If another positive case occurs during the isolation period the entire class will be quarantined for seven days after the last exposure. Exemptions from quarantine are listed below and will be followed as well.

### **Elementary**

In elementary school, a letter will be emailed to parents of students in close contact with any positive person. The letter will state that a person who was positive was in the class with their child and had close contact. They should monitor for symptoms closely and keep their child home for the duration of the quarantine period and contact the school nurse if symptoms arise.

Elementary quarantine: only the positive person isolates initially, if another positive case occurs during the isolation period, the entire class will be quarantined for 7 days after the initial exposure. Exemptions from quarantine are listed below and will be followed as well.

### **Secondary**

In secondary school, a letter will be emailed to parents of students in close contact with any positive person. The letter will state that a person who was positive was in the class with their child and had close contact. They should monitor for symptoms closely and keep their child home for the duration of the quarantine period and contact the school nurse if symptoms arise.

All persons exposed to an individual with COVID 19 have the option to quarantine for 7 days and can return without a test and without symptoms at the end of this period. The school nurse and other school representatives will complete this contact tracing.

Any exposed person who does develop symptoms during the optional quarantine period, even minor with only one symptom present, will be required to remain in quarantine until the 10 day period is completed. If students/families choose to quarantine, it will be done so without academic penalty.

## **Exemption from Quarantine:**

1. Fully vaccinated individuals or individuals who have tested positive for COVID 19 in the last 90 days who remain asymptomatic, continuously wear a mask, practice social distancing of 6 feet or greater, and are conscientious of hand hygiene may remain in school. If any symptom(s) appear, quarantine must be followed.

See attached symptom tracker: See the [CDC symptom tracker](#) page for more information

Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms.

## **Special events and cases:**

### **Overnight school trips:**

Overnight trips with school sponsored events, students will be required to be evaluated by the school nurse the morning before travel. If any concerns or symptoms arise, parents will be asked permission to perform COVID testing on the symptomatic child prior to leaving. If Child is symptomatic and does not test they will be excluded from the event.

### **Home exposure:**

If a person becomes symptomatic and tests positive in a family unit (same household) the staff or student(s) will be required to quarantine for the recommended 7 days and test upon return to school/work if symptoms are present. This is to assure any spread of illness from home does not occur.

