



Monday	Tuesday	Wednesday	Thursday	Nutrients
11 Frudel Muffin FRUIT Milk Variety	12 Cereal Graham's FRUIT Milk Variety	13 Yogurt Parfait Berries, Frozen Granola Graham's Milk Variety	14 Pancakes Syrup Egg Patty Bacon FRUIT Milk Variety	Cal 480 T.Fat 18.03 G S.Fat 5.3 G Chol 298.5 Mg Sodm 475.70 Mg Carb 60.62 G Fiber 2.7 G Prin 19.95 G Iron 27.61 Mg Calc 370.40 Mg Vit A 15.87 RE
18 Breakfast Power Bar Muffin FRUIT Milk Variety	19 Cereal Graham's FRUIT Milk Variety	20 Biscuits and Gravy Hashbrown Patty FRUIT Milk Variety	21 POPTARTS Muffin FRUIT Milk Variety	Cal 481 T.Fat 12.79 G S.Fat 3.2 G Chol 20.7 Mg Sodm 696.73 Mg Carb 78.29 G Fiber 2.8 G Prin 10.22 G Iron 3.72 Mg Calc 262.24 Mg Vit A 15.76 RE
25 Cheese omlette Hashbrown Patty FRUIT Milk Variety	26 Cereal Graham's FRUIT Milk Variety	27 Breakfast Pizza FRUIT Milk Variety	28 French Toast Syrup Bacon FRUIT Milk Variety	Cal 287 T.Fat 10.22 G S.Fat 3.8 G Chol 67.2 Mg Sodm 425.71 Mg Carb 39.07 G Fiber 2.4 G Prin 11.46 G Iron 2.12 Mg Calc 340.57 Mg Vit A 7.37 RE
			<i>This institution is an equal opportunity provider</i>	