



Monday

Tuesday

Wednesday

Thursday

Nutrients

<b>11</b> Pizza BROCCOLI FRUIT Milk Variety	<b>12</b> Corn Dog Ketchup Baked Beans FRUIT Milk Variety	<b>13</b> Pasta & Meat Sauce Garlic Toast FRUIT Milk Variety	<b>14</b> Hamburger on a Bun Oven Fries Pickles FRUIT Milk Variety	Cal 491 T.Fat 15.68 G S.Fat 5.4 G Chol 42.3 Mg Sodm 1012.29 Mg Carb 69.98 G Fiber 7.1 G Prin 21.15 G Iron 4.52 Mg Calc 199.90 Mg Vit A 12.10 RE
<b>18</b> P.B. & Jelly Sandwich String Cheese Chips Baby Carrots Milk Variety	<b>19</b> CHICKEN ALFREDO Garlic Toast Green Beans Apple Milk Variety	<b>20</b> Soft Taco Lettuce & Tomatoes Fruit Milk Variety	<b>21</b> Roasted Chicken Stuffing MIXED VEGETABLES FRUIT Milk Variety	Cal 636 T.Fat 26.12 G S.Fat 12.8 G Chol 78.8 Mg Sodm 1513.12 Mg Carb 71.05 G Fiber 9.2 G Prin 29.82 G Iron 3.66 Mg Calc 611.88 Mg Vit A 14.90 RE
<b>25</b> Lo Mein Eggroll Fortune Cookie FRUIT Milk Variety	<b>26</b> Chicken Nuggets BBQ Sauce Mixed Vegetables FRUIT Milk Variety	<b>27</b> Submarine Sandwich String Cheese Baby Carrots FRUIT Milk Variety	<b>28</b> Chicken Patty/Bun CORN FRUIT Milk Variety	Cal 408 T.Fat 16.30 G S.Fat 4.5 G Chol 53.4 Mg Sodm 664.05 Mg Carb 47.45 G Fiber 2.7 G Prin 19.24 G Iron 3.61 Mg Calc 168.74 Mg Vit A 6.07 RE
			<i>This institution is an            equal opportunity            provider</i>	