

# FEBRUARY

## BREAKFAST

Monday

Tuesday

Wednesday

Thursday

FRUIT



		1 Biscuits and Gravy Hashbrown Patty Fruit Juice	2 Cereal Graham s FRUIT	Cal 368 T.Fat 8.73 G S.Fat 2.9 G Chol 6.8 Mg Sodm 854.64 Mg Carb 62.33 G
6 Pancakes/Stick Syrup FRUIT	7 Bagel Muffin FRUIT	8 Waffle Stix/syrup Sausage link Peaches	9 Cereal Graham s FRUIT	Cal 412 T.Fat 10.42 G S.Fat 3.3 G Chol 24.7 Mg Sodm 397.94 Mg Carb 67.86 G
13 Breakfast Pizza FRUIT Milk Variety	14 Breakfast Power Bar Muffin FRUIT	15 Pancakes Egg Patty Syrup	16 Cereal Graham s FRUIT	Cal 518 T.Fat 21.92 G S.Fat 6.1 G Chol 310.1 Mg Sodm 598.70 Mg Carb 61.23 G
20 Oatmeal Muffin FRUIT	21 Bagel Muffin FRUIT	22 Biscuits and Gravy Hashbrown Patty Fruit Juice	23 Cereal Graham s FRUIT	Cal 452 T.Fat 9.16 G S.Fat 2.5 G Chol 16.6 Mg Sodm 650.93 Mg Carb 78.71 G
27 Cheese Omelet Sausage link Muffin	28 Combo Bars Muffin Applesauce	<i>This institution is an equal opportunity provider</i>		Cal 10459 T.Fat 768.07 G S.Fat 366.9 G Chol 16144.2 Mg Sodm 17424.65 Mg Carb 129.94 G

