



February



Monday	Tuesday	Wednesday	Thursday	Nutrients
3 Pizza BROCCOLI FRUIT Milk Variety	4 Chicken Fajitas FRUIT CORN Milk Variety	5 Hot Dog/Bun Tasty Tots FRUIT Milk Variety	6 Pasta & Meat Sauce Garlic Toast FRUIT Milk Variety	Cal 468 T.Fat 13.23 G S.Fat 4.4 G Chol 44.4 Mg Sodm 700.71 Mg Carb 66.54 G Fiber 6.8 G Prin 23.87 G Iron 39.40 Mg Calc 338.53 Mg Cal 433 T.Fat 13.27 G S.Fat 4.0 G Chol 41.5 Mg Sodm 840.95 Mg Carb 61.28 G Fiber 6.9 G Prin 20.73 G Iron 4.07 Mg Calc 274.77 Mg Cal 493 T.Fat 15.77 G S.Fat 5.9 G Chol 46.2 Mg Sodm 891.21 Mg Carb 68.50 G Fiber 8.7 G Prin 21.93 G Iron 4.19 Mg Calc 270.70 Mg Cal 705 T.Fat 25.70 G S.Fat 12.9 G Chol 84.9 Mg Sodm 1557.40 Mg Carb 87.80 G Fiber 9.5 G Prin 32.07 G Iron 3.88 Mg Calc 522.21 Mg
10 Tomato Soup Bread Sticks FRUIT Milk Variety	11 Pulled Pork Sandwich Oven Fries Pickles FRUIT Milk Variety	12 Lo Mein Eggroll Fortune Cookie FRUIT Milk Variety	13 Corn Dog Catsup Baked Beans FRUIT Milk Variety	
17 Roasted Chicken Stuffing MIXED VEGETABLES FRUIT Milk Variety	18 Frito Pie CORN FRUIT Milk Variety GF	19 Chicken Enchilada Tossed Salad FRUIT Milk Variety	20 Baked Potato Toppings 3oz. Oat Wheat Roll FRUIT Milk Variety GF	
24 Chicken Parmesan Corn FRUIT Milk Variety	25 CHICKEN ALFREDO Garlic Toast Tossed Salad Apple Milk Variety	26 Chili Cornbread Broccoli FRUIT Milk Variety GF	27 Chicken Wrap Peas FRUIT Milk Variety	

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