

# January



Monday

Tuesday

Wednesday

Thursday

Nutrients

<p><i>This institution is an equal opportunity provider</i></p>		<p>1 No School</p>	<p>2 No School</p>	
<p>6 No School</p>	<p>7 Breakfast Power Bar Muffin FRUIT Milk Variety</p>	<p>8 Cheese omlette Hashbrown Patty FRUIT Milk Variety</p>	<p>9 French Toast Syrup Bacon FRUIT</p>	<p>Cal 330 T.Fat 13.80 G S.Fat 4.0 G Chol 96.6 Mg Sodm 431.52 Mg Carb 43.41 G Fiber 2.1 G</p>
<p>13 Breakfast Pizza FRUIT Milk Variety</p>	<p>14 Pancakes/Stick Syrup FRUIT Milk Variety</p>	<p>15 Oatmeal Muffin FRUIT Milk Variety</p>	<p>16 Cereal Graham's FRUIT Milk Variety</p>	<p>Cal 315 T.Fat 11.91 G S.Fat 4.4 G Chol 69.2 Mg Sodm 444.24 Mg Carb 42.19 G Fiber 2.6 G</p>
<p>20 Frudel Graham's FRUIT Milk Variety</p>	<p>21 POPARTS Muffin FRUIT Milk Variety</p>	<p>22 Bagel Grilled Egg Patties FRUIT Milk Variety</p>	<p>23 Waffle Stix/syrup Sausage link FRUIT Milk Variety</p>	<p>Cal 525 T.Fat 12.25 G S.Fat 2.9 G Chol 28.5 Mg Sodm 366.21 Mg Carb 89.10 G Fiber 5.0 G</p>
<p>27 Pancakes/Syrup Egg Patty FRUIT Milk Variety</p>	<p>28 Combo Bars Muffin FRUIT Milk Variety</p>	<p>29 Biscuits and Gravy Hashbrown Patty FRUIT Milk Variety</p>	<p>30 Cheese Omlette Hashbrown Patty FRUIT Milk Variety</p>	<p>Cal 493 T.Fat 21.82 G S.Fat 6.3 G Chol 345.9 Mg Sodm 851.14 Mg Carb 53.74 G Fiber 2.2 G</p>

