



Monday	Tuesday	Wednesday	Thursday	Nutrients
1 No School	2 Cereal Graham's FRUIT Milk Variety	3 Combo Bars Muffin FRUIT Milk Variety	4 Yogurt Parfait Berries, Frozen Granola Graham's GF Milk Variety	Cal 359 T.Fat 11.74 G S.Fat 3.9 G Chol 35.5 Mg Sodm 417.64 Mg Carb 53.91 G Fiber 2.3 G Prtn 11.51 G
8 Breakfast Pizza FRUIT Milk Variety	9 Cereal Graham's FRUIT Milk Variety	10 Waffle Stix/syrup Sausage link FRUIT Milk Variety	11 Frudel Muffin FRUIT Milk Variety	Cal 355 T.Fat 9.32 G S.Fat 3.0 G Chol 19.7 Mg Sodm 363.09 Mg Carb 57.83 G Fiber 2.5 G Prtn 11.41 G
15 Cheese omlette Hashbrown Patty FRUIT Milk Variety GF	16 Cereal Graham's FRUIT Milk Variety	17 French Toast Syrup Sausage link FRUIT Milk Variety	18 Breakfast Power Bar Muffin FRUIT Milk Variety	Cal 352 T.Fat 13.74 G S.Fat 4.2 G Chol 77.2 Mg Sodm 395.21 Mg Carb 49.21 G Fiber 2.3 G Prtn 10.40 G Iron 2.62 Mg
22 Oatmeal Muffin FRUIT Milk Variety GF	23 Cereal Graham's FRUIT Milk Variety	24 Biscuits and Gravy Hashbrown Patty FRUIT Milk Variety	25 Breakfast Burrito FRUIT Milk Variety	Cal 425 T.Fat 10.06 G S.Fat 3.0 G Chol 53.5 Mg Sodm 709.74 Mg Carb 69.75 G Fiber 5.8 G Prtn 15.70 G
29 POPTARTS Muffin FRUIT Milk Variety	30 Cereal Graham's FRUIT Milk Variety	<i>This institution is an equal opportunity provider</i>		Cal 523 T.Fat 11.94 G S.Fat 3.1 G Chol 20.2 Mg Sodm 485.50 Mg Carb 92.37 G Fiber 2.8 G Prtn 13.37 G