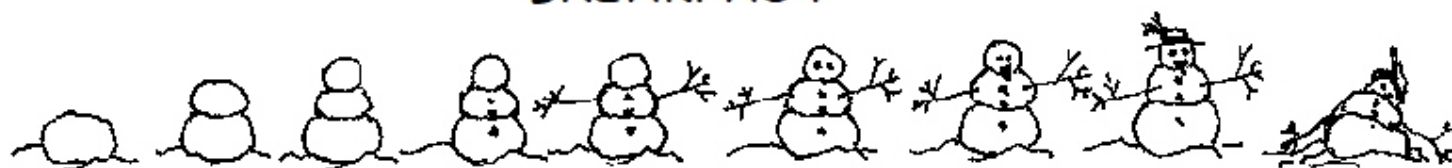


December

BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Nutrients
4 Waffle Stix/syrup Sausage link FRUIT Milk Variety	5 Combo Bars Muffin FRUIT Milk Variety	6 Bagel Grilled Egg Patties FRUIT Milk Variety	7 Cereal Graham's FRUIT Milk Variety	Cal 367 T.Fat 11.51 G S.Fat 3.4 G Chol 60.9 Mg Sodm 409.65 Mg Carb 55.86 G Fiber 2.1 G Prin 10.59 G Iron 2.99 Mg Calc 216.15 Mg Vit A 10.26 RE
11 Breakfast Pizza FRUIT Milk Variety	12 Fruitel Muffin FRUIT Milk Variety	13 Pancakes Syrup Egg Patty Bacon FRUIT Milk Variety	14 Cereal Graham's FRUIT Milk Variety	Cal 454 T.Fat 18.39 G S.Fat 5.7 G Chol 300.0 Mg Sodm 572.65 Mg Carb 52.70 G Fiber 2.7 G Prin 20.49 G Iron 27.45 Mg Calc 382.75 Mg Vit A 8.64 RE
18 French Toast Syrup Bacon FRUIT Milk Variety	19 POPTARTS Muffin FRUIT Milk Variety	20 Biscuits and Gravy Hashbrown Patty FRUIT Milk Variety	21 Cereal Graham's FRUIT Milk Variety	Cal 406 T.Fat 10.01 G S.Fat 3.1 G Chol 16.0 Mg Sodm 672.67 Mg Carb 69.15 G Fiber 2.3 G Prin 11.32 G Iron 2.96 Mg Calc 313.31 Mg Vit A 21.04 RE
25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	<i>This institution is an equal opportunity provider</i>