

Dyslexia Resources For SW Colorado

--**Dyslexia screener** : <https://www.lexercise.com> This is just to give you an idea if your child might be struggling with Dyslexia. Remember it is not a diagnosis.

--Check out all the articles and resources on the **International Dyslexia Association (IDA)** website: <https://dyslexiaida.org/> (FREE).

--There's a cerebellar stimulation program (dyslexia is underactivity on the front middle and back of the left side of the brain - this stimulates the back portion) called **Learning Breakthrough** that has been recommended by some pretty reputable experts. It can take the edge off. It is best to treat it like a mission and do it morning and night for about 3 - 6 months straight. 6 is better. <https://learningbreakthrough.com/> (\$500 - \$600 one time cost)

--**Fast ForWord**. This is a computer program that is multi-sensory. It was created by Dr. Michael Merzenich – the father of neuroplasticity. It has been shown to reactivate all 3 areas of the brain that are usually underactive in Dyslexia. They have brain scans to show the improvements. I don't know about and can't recommend anything else they are selling. <https://www.scilearn.com/> (\$1500 + They will work out reasonable monthly payment plans)

--**Brain HQ** is an app by the same Dr. Merzenich. It's for older teens and adults, but younger students can do it with supervision. Needs to be done daily, faithfully, for 3-6 months - 6 to be sure. (about \$14 per month or \$96 per year. Younger students will need supervision to stay on task).

--**Liberty School** in Durango is specifically for Dyslexic kids - They do hold summer programs that might be useful and affordable and for \$550 parents can get trained yourself in the Orton Gillingham method which is approved by the IDA. It has the same effectiveness as Fast Forward but you would do all the work. (You'd also be qualified to tutor which is a HUGE need for this area if you were ever interested). <https://www.thelibertyschool.org/community-programs>

--MaryAnn Vreeken does the **Davis' mastery and correction program for Dyslexia**, her business name is **Feel Certain**. It's intense, but it's in person and local, effective and FAST. It also helps with ADHD! Here's her info: 970-560-8922, marannvreeken@gmail.com, <https://www.davismethod.org/item/maryann-vreeken/> Ron Davis was a man with Dyslexia and he developed this method, also multi-sensory. You might want to read his book first, "The Gift of Dyslexia." Cost may be an issue, but speak with her first before deciding.

--Sheila Blakney - **Reading Consultant**. Sheila works in Telluride and will consult for free for the first 15-20 minutes to give you ideas of where to turn. Her hourly rate is \$50. She has also trained parents to tutor their children themselves. smbalakney@gmail.com

--**One Minute Readers**. These are recommended by the Dyslexia Center of Utah. They help with fluency and building confidence. oneminutereader.com Sometimes they have free trials for you to try it out.

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