

Monday	Tuesday	Wednesday	Thursday	Nutrients
Orange Chicken Rice Bowl BROCCOLI FRUIT Milk Variety	Corn Dog Catsup Baked Beans FRUIT Milk Variety	3 Chicken Salad Sandwich Bun 4" Chips Baby Carrots Milk Variety	4 Soft Taco Lettuce & Tomatoes FRUIT Milk Variety	Cal 422 T.Fat 11.72 G S.Fat 3.6 G Chol 41.6 Mg Sodm 845.22 Mg Carb 58.75 G Fiber 5.8 G Prin 21.47 G Iron 2.96 Mg
8 Hot Dog/Bun TASTY TOTS FRUIT Milk Variety	Tomato Soup Bread Sticks FRUIT Milk Variety	10 Chicken Enchilada Tossed Salad FRUIT Milk Variety	Pizza BROCCOLI FRUIT Milk Variety	Cal 383 T.Fat 9.68 G S.Fat 4.2 G Chol 29.5 Mg Sodm 774.03 Mg Carb 57.78 G Fiber 6.7 G Prin 18.83 G Iran 38.30 Mg
15 Submarine Sandwich String Cheese Baby Carrots FRUIT Milk Variety	16 Roasted Chicken Stuffing MIXED VEGETABLES FRUIT Milk Variety	Pasta & Meat Sauce Garlic Toast FRUIT Milk Variety	Tamale Rice Green Beans FRUIT Milk Variety	Cal 623 T.Fat 19.22 G S.Fat 8.7G Chol 70.7 Mg Sodm 1498.04 Mg Carb 82.01 G Fiber 11.0 G Prin 32.04 G Iron 5.47 Mg
22 Hamburger on a Bun Oven Fries Pickles FRUIT Milk Variety	23 Pulled Pork Sandwich Oven Fries Pickles FRUIT Milk Variety	24 Macaroni & Cheese BROCCOLI FRUIT Milk Variety	25 TACO SALAD Lettuce & Tomatoes FRUIT Milk Variety	Cal 532 T.Fat 19.97 G S.Fat 8.9 G Chol 37.8 Mg Sodm 918.07 Mg Carb 68.24 G Fiber 68.6 G Prin 24.32 G Iron 4.13 Mg
29 Chili Fries Salsa FRUIT Milk Variety	30 Chicken Patty/Bun Tossed Salad FRUIT Milk Variety	This institution is an equal opportunity provider		Cal 503 T.Fat 23.75 G S.Fat 8.7 G Chol 55.8 Mg Sodm 999.62 Mg Carb 54.21 G Fiber 3.7 G Prin 20.16 G Iron 5.24 Mg