



Monday

Tuesday

Wednesday

Thursday

Nutrients

		<b>1</b> Orange Chicken Rice Bowl BROCCOLI FRUIT Milk Variety	<b>2</b> Pizza BROCCOLI FRUIT Milk Variety	Cal 205 T.Fat 1.81 G S.Fat 0.8 G Chol 5.8 Mg Sodm 154.36 Mg Carb 40.52 G Fiber 6.8 G Prin 10.25 G
<b>6</b> Burrito Salsa Green Beans Peaches	<b>7</b> Submarine Sandwich String Cheese Baby Carrots FRUIT	<b>8</b> Pasta & Meat Sauce Garlic Toast FRUIT Milk Variety	<b>9</b> Baked Potato Toppings 3 oz. Oat Wheat Roll FRUIT	Cal 490 T.Fat 19.53 G S.Fat 8.8 G Chol 61.6 Mg Sodm 1258.56 Mg Carb 54.13 G Fiber 5.8 G Prin 28.31 G
<b>13</b> Pulled Pork Sandwich Oven Fries Pickles FRUIT	<b>14</b> Lo Mein Eggroll Fortune Cookie FRUIT	<b>15</b> Chef Salad Oat Wheat Roll FRUIT Cookie	<b>16</b> Macaroni & Cheese BROCCOLI FRUIT Milk Variety	Cal 449 T.Fat 14.53 G S.Fat 4.9 G Chol 51.5 Mg Sodm 750.71 Mg Carb 62.81 G Fiber 6.5 G Prin 19.10 G
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	
<h1>Cooks Choice</h1>				
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<i>This institution is an equal opportunity provider</i>

